

# *Upcoming Events*

## *Spring Village at Dover*

35 Pointe Place, Dover (603) 842-4908

### *Caregiver Chats*

This supportive group for dementia caregivers meets every month on the **Second Tuesday at 10 a.m.** and **Fourth Thursday at 1 p.m.**

And now, as requested, we have added a Saturday group on the

**Fourth Saturday at 11 a.m.**

#### Upcoming Dates:

- Thursday, January 24 - 1 p.m.
- Tuesday, February 5 - 10 a.m. (meeting will be held on the *First Tuesday* in February only)
- Saturday, February 23 - 11 a.m.
- Thursday, February 28 - 1 p.m.

**OPEN INTERVIEWS** Every Wednesday at 2 p.m.

### *Upcoming Educational Talks*

**Wednesday, February 6 - 10 a.m.**

*Is it Dementia: Early Warning Signs*

Come learn the difference between normal aging and signs that it may be dementia.

**Wednesday, February 20 - 10 a.m.**

*Home Safety Checklist*

Have you thought of everything when trying to dementia-proof your home?

Find out with this thorough checklist.

**R.S.V.P. to events by phone (603) 842-4908 or  
email: [headconciierge@springvillagedover.com](mailto:headconciierge@springvillagedover.com)**